

**Doctors support switch to e-cigarettes**  
英国医生支持吸烟者使用电子烟

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一家领先的医学机构说，吸烟者应被鼓励使用电子烟来帮助他们最终戒烟。英国皇家内科医学院解释说，吸电子烟比吸传统烟草要安全很多。以下是 Adam Brimelow 的报道。

The growing popularity of e-cigarettes has **prompted** debate about their safety, their potential to help people **quit** tobacco smoking and the risk they may encourage some people to **take it up**.

The Royal College of Physicians concludes their impact so far has been very positive. They've helped many thousands of people to quit and the switch from tobacco smoking is a **dramatic** step towards better health.

It says any possible **harm** from long-time use is likely to be very small and it concludes fears that e-cigarettes are a gateway to smoking are **unfounded**.

The report has been widely welcomed though the Faculty of Public Health has sounded a **note of caution**. It said that more research was needed to understand the risks.

## 词汇表

<b>prompted</b>	引起了
<b>quit</b>	戒（烟）
<b>take it up</b>	开始吸烟
<b>dramatic</b>	骤然的，戏剧性的
<b>harm</b>	伤害，损伤
<b>unfounded</b>	无根据的
<b>note of caution</b>	（对某事发出）警告

## 测验

请听报道并回答下列问题。

1. What has encouraged discussion about the safety of e-cigarettes?
2. Do doctors feel that moving from tobacco to e-cigarettes is a good thing?
3. True or false? *Doctors are concerned that e-cigarettes could make non-smokers take up the habit.*
4. Does the Faculty of Public Health agree completely with the Royal College of Physicians' report?

## 答案

1. What has encouraged discussion about the safety of e-cigarettes?

**The growing popularity of e-cigarettes.**

2. Do doctors feel that moving from tobacco to e-cigarettes is a good thing?

**Yes. They say it's a dramatic step towards better health.**

3. True or false? *Doctors are concerned that e-cigarettes could make non-smokers take up the habit.*

**False. They say these fears are unfounded.**

4. Does the Faculty of Public Health agree completely with the Royal College of Physicians' report?

**No. Although the Faculty of Public Health welcomes the report, it says that more research is still needed to understand the risks of using e-cigarettes.**