
BBC LEARNING ENGLISH

Authentic Real English 地道英语

In the blink of an eye

一眨眼之间



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Helen

大家好，欢迎收听BBC 英语教学的《地道英语》。我是 Helen，和我在一起的还有我的同事 Sian。

Sian

Hi everyone. It's nice to take things slowly after the weekend.

Helen

怎么了，周末把你忙坏了？

Sian

Well, I did a 10K charity run with my nephew for his school.

Helen

你跑了 1 万米。How did it go? Were you prepared for it?

Sian

I have to say the kids did much better than me. I was almost the last one to finish the race.

Helen

那你跑了多久？

Sian

Maybe six hours!

Helen

Oh. That is slow. How about the young runners?

Sian

They were gone in the blink of an eye.

Helen

Do you mean they were fast?

Sian

That's right. Actually I mean very quickly, I blinked and they were gone.

Helen

In the blink of an eye 就是我们中文里说的瞬间，一眨眼之间，形容速度很快。这是英语里的一个常用表达，我们经常在生活中用到。请听例句。

Examples

My new computer can download a large video in the blink of an eye.

We were so tired after the party, everyone was fast asleep in the blink of an eye.

Sarah couldn't believe that the first two years of university went in the blink of an eye.

Sian

As you can see, this phrase 'in the blink of an eye' doesn't only refer to running speed, it can also describe when time goes quickly.

Helen

这个表达也常用来形容变化来得非常快。有时候会被缩写为 in a blink。请听更多的例句。

Examples

A 70-story skyscraper just rose from the ground in a blink.

I couldn't believe the transformation in Sarah; she went from a shy sixteen-year-old with braces to an outspoken youth MP in a blink.

Helen

Well, in the blink of an eye. We've finished our programme.

Sian

That went really quickly. Goodbye.

Helen

Goodbye.