

— school & education

a field of study	研究领域
a secondary school	中学
assign homework to someone	给某人布置家庭作业
attend a summer camp	参加夏令营
attend classes	上课
attend college/university	上大学
be competent in	在...方面有能力; 能胜任...
be/get involved in outdoor activities	参与户外活动
be required to do sth	必须... 被要求...
begin formal education	开始正规教育
build/establish a school	建学校
career preparation	职业准备
compulsory subjects	必修科目
develop expertise in	培养在...方面的专长
earn a credit	获得学分
expand one's knowledge	拓展知识
extracurricular activities	课外活动
face a problem	面对问题
feel peer pressure	感到来自同龄人的压力
form a study group	组成学习小组
gain knowledge from	从...获得知识
gain updated information	获得最新信息
get a good grade	取得好成绩
give someone a prize for	因...给某人奖励
go through puberty	经历青春期
go to a private school	上私立学校
graduate from school	从学校毕业
have a choice of	有...的选择
have a diploma in	有...文凭/学历
have a discussion about	进行关于...的讨论
have a strong curiosity about	对...有强烈的好奇心
have a strong impact on	对...有很大的影响
have the opportunity to do	有机会...
increase one's potential capability	增加某人的潜力
increase the education budget	增加教育预算
learn by oneself	自学
learn by v-ing	通过...学习
lecture in class	讲座
live in a dormitory	住宿舍
major in	主修
make a change in	在...方面做出改变

offer an educational opportunity	提供教育机会
optional subjects	选修科目
organize one's thoughts	理清思路
participate in a class discussion	参与课堂讨论
prevent school violence	预防校园暴力
promote creative thinking	提倡创造性思维
pursue one's individual interest	追求个人兴趣
put a priority on	优先考虑
real life experience	现实生活经验
share a room with someone	与某人同住一室
share ideas with someone	与某人分享观点
study abroad	出国留学
study with a group	与小组一起学习
take an orientation course for	参加...的新生引导课程
use the school facilities	使用学校设备
wear a school uniform	穿校服
with the help of	在...的帮助下
work as a team	作为团队工作

二. family & society

agree to obey	同意遵守
be celebrated for	因...而著名
Be committed to	致力于
Be emotionally attached to	情感上依附于
Be hospitable to	对...友好
Be in need of help	需要帮助
Be isolated from	孤立于...
Become a resident of	成为...的居民
Benefit from	从...中获益
Build a monument to	修建...纪念碑
Build social skills	培养社会技能
Build up trust	建立信任
Can afford to +V	负担得起...
Do something for a living	为生计做某事
Drop in at a shopping center	顺便去购物中心
Feel an attraction to	感觉被...吸引
Feel connected	感觉有联系
Feel secure	感到安全
Follow in one's footsteps	步某人后尘，效仿某人
Form public opinion	形成舆论
Form an organization	建立组织

三 Economy&Business

A defective product	次品
A job description	职位描述
An increase in population	人口的增长
Be in great demand	需求旺盛
Be on the market	出售, 上市
Be self-employed/one's own boss	自主经营
Be unwilling to +V	不愿...
Be willing to +V	愿意...
Boost the economy	促进经济发展
Boss someone around	指使某人
Build one's career	建立事业
Call in late	因迟到打电话请假
Call in sick	打电话请病假
Cannot afford to +V	无法负担...
Charge higher prices	索价较高
Climb the corporate ladder	升职
Compensate for	赔偿
Complain in writing/person	写信/亲自投诉
Develop interpersonal skills	培养处理人际关系的技能
Discourage productivity	生产力下降
Earn money	挣钱
Encourage competition	鼓励竞争
Enter the workforce	就业
Feel a sense of accomplishment	有成就感
Find employment	找到工作
Get a promotion	得到提升
Get a refund on	获得...的退款
Get paid by the hour/day/week	按小时/天/周取得报酬
Go bankrupt	破产
Have a market share of	拥有...的市场占有率
Have a positive attitude towards	对...持积极态度
In the line of duty	在履行职责
Invest in	投资于
Keep a good work environment	保持一个良好的工作环境
Leave one's job	辞职
Lower the interest rate	降低利率
Make a budget for	为...做预算
Make a complaint about	对...投诉
Make a living	谋生
Make a profit	获利
Make ends meet	收支平衡
Make up a loss	弥补损失

Meet the qualifications	合格
Minimize one's cost of living	将生活费降到最低
Obtain an entry-level position	获得最底层职位
Overcome an economic recession	克服经济衰退
Pay back a loan	偿还贷款
Pay taxes	缴税
Raise the prestige of	提高声望
Retire from one's job	退休
Return corporate profits to society	将企业盈利回报给社会
Seek a career in	找...领域的工作
Split the cost of	平均分摊费用
Start (up) a business	开始一项业务
Submit one's resume	递交简历
Transfer someone to another department	将某人调任到另一个部门
Understand the market principle	了解市场原则
Urge someone to +V	敦促/极力主张某人...
Work part time	兼职
Work over time	加班

四 living & thinking

Adapt to a situation	适应形势
After careful thought	认真考虑后
A rite of passage	成人仪式
As a token of	作为...的征兆
Assume responsibility	承担责任
Be beneficial to	对...有益
Be confident in	对...有信心
Be critical of	对...持批判态度
Be flexible in	灵活的
Be responsible for	对...负责
Behave in a different way	以不同的方式表现
Break a bad habit	改掉坏习惯
Do some something as a routine	按常规做某事
Endure hardship	承受磨难
Get into trouble	惹上麻烦
Get stressed out	压力过大
Go on a shopping spree	疯狂购物
Harm a friendship	伤害友谊
Have a workout	锻炼
Have a common sense	有常识
Have a sense of humor	有幽默感
Have a sociable character	喜欢社交

Have a optimistic/pessimistic attitude	持乐观/悲观态度
Have nothing/much/little to do with	没有/有很大/没多大关系
Have regrets about	对...感到遗憾
Have a taste in/for	有品位
Have trust in	相信
Hone a skill	磨练技巧
Increase one's quality of life	提高某人的生活质量
Judge someone/something by something	根据某事物判断某人/某事
Keep a secret	保守秘密
Live by a rule	按规律生活
Live one's own life	过某人自己的生活
Look down on	轻视, 瞧不起
Look up to	尊敬
Make a careful decision	谨慎地做决定
Make a good/bad impression on	给...留下好/坏印象
Make a mistake/an error	犯错误
Move to a new place	搬到新地方
Plan ahead	提前计划
Provide good nutrition for	为...提供良好的营养
Put up with	忍受
Reach a turning point	到达转折点
Relieve one's stress	减轻压力
Save money for a rainy day	存钱以备不时之需
Set a goal	设定目标
Set one's priorities	设定优先级
Slow down	放慢速度
Stay out of trouble	远离麻烦
Stay up late	熬夜
Suffer sleep deprivation	失眠
Take the risk of	冒...的险
Take action	采取行动
Take advantage of	利用
Take a rest	休息一下
Take medicine	吃药
Take one's side	支持某人
Take one's time	从容不迫
Take the initiative to +V	带头
Tell the truth	说实话

五. culture&leisure

A copycat crime	模仿犯罪
A couch potato	整天坐着看电视的人
A cultural legacy	文化遗产

A guided tour	有导游陪同的旅游
Adopt a custom from another country	接纳另一个国家的风俗
Affect one's behavior	影响某人的行为
Appreciate art	欣赏/鉴赏艺术
Attend a live performance	去现场看演出
Be attracted to	被...吸引, 沉迷于
Be in vogue	流行, 时髦
Be on exhibit	展览
Be one's opponent in	在...方面是某人的对手
Become an idol to teenagers	成为青少年的偶像
Carry on an activity	开展活动
Celebrate a festival	庆祝节日
Celebrate a national holiday	庆祝法定节日
Develop a culture	发展文化
Develop a research centre	建立研究中心
Dress in a traditional costume	穿传统服装
Dress in the costume of	穿...衣服
During recess	休息期间
Engage in a cultural activity	参加/从事文化活动
Enjoy outdoor activities	享受户外活动
Exercise one's imaginative power	发挥某人的想象力
Experience jet lag	经历时差
Follow a local custom	遵循当地的风俗
Follow a rule	遵守规则
Get a motion sickness	有运动病(晕车, 晕船, 晕机)
Give a ride to someone	让某人搭载
Give/express an opinion	表达观点
Hand down a tradition	传承传统
Have a knack for	有...技能
Have an effect on	对...有影响
Have leisure	有空
Have one's spare time	有空闲时间
Have the opportunity to +V	有机会...
Hold/throw a party	举办聚会
Keep a first aid kit	备有急救箱
Lead public opinion	引导公众舆论
Make a bonfire	点燃篝火
Make/shoot a film about	拍...电影
Make a reservation	预订
Make history	创造历史
Model oneself on someone	以某人做榜样
Play a musical instrument	演奏乐器
Recharge one's batteries	充电

Recommend someone to + V	建议某人...
Replace something with something	以...代替...
Respect cultural differences	尊重文化差异
Save face	保全面子
Show creativity	表现创造力
Speak a different language from	说与...不同的语言
Subscribe to a newspaper/magazine	订阅报纸/杂志
Take a break from one's routine	从日常事务中得到片刻休息
Travel abroad	出国旅游

六 health&environment

A dense population	密集的人口
Adapt to the environment	适应环境
An endangered animal	濒危动物
Be allergic to	对...过敏
Be good for mental health	有益于心理健康
Be in good health	身体健康
Be infected with a virus	感染病毒
Be short of	缺少...
Car exhaust	汽车尾气
Care for the handicapped	照顾残疾人
Cause an abnormal climate	导致不正常气候
Cause damage to the environment	对环境造成破坏
Come down with	染上(病)
Conduct medical research	从事医学研究
Consume energy	消耗能量
Consume natural resources	消耗自然资源
Conserve the environment	保护环境
Cure someone of a disease	治愈某人的疾病
A desperate food shortage	严重的食物短缺
Develop medical technology	发展医疗技术
Do daily exercise	每天做运动
Dump factory waste	倾倒工厂废料
Educate the public	教育公众
Environmental pollution	环境污染
Get a physical checkup	体检
Get over an illness	战胜疾病
Healthy eating habits	健康的饮食习惯

Conduct research on	对...进行研究
Create a new trend	开创新趋势
Create an online community	创建网络社区
Cut off spam	阻拦垃圾邮件
Cutting-edge technology	尖端科技
Develop a nuclear weapon	开发核武器
Develop computer technology	发展计算机技术
Do something by hand	亲自动手
Download software from	从...下载软件
Electronic appliances	电子设备
Enhance the quality of life	提高生活质量
Explore outer space	探索外太空
Expose someone to something	使某人面临某事
Facilitate communication	促进交流
Gain access to information	获得信息
Handle something improperly	某事处理得不恰当
Search for information	检索信息
Interact with	相互影响
Program a computer	给电脑编程
Keep in step with globalization	紧跟全球化步伐
Keep in touch with	与...保持联系
Key something into a computer	把...输入电脑
Launch a space mission	开展太空任务
Connect to the Internet	连接到互联网
Make a difference	有影响, 起作用
Make a long-distance call	打长途电话
Make a significant breakthrough	做出重大突破
Make an adjustment	调整
Make an in-depth analysis of	深入分析...
Make an outline purchase	网上购物
Make progress	进步
Make wireless communications	无线联络通信
Peer-to-peer sharing	对等网络共享
Process information with a computer	用计算机处理信息
Provide someone with something	为某人提供某物
Reach a remote place	到达遥远的地方
Send a space probe to	向...发射太空探测器
Shorten the distance	缩短距离
Shut down a computer	关闭电脑
Sign up for a website	注册网站
Space exploration	太空探索
Stay up to date with technology	紧跟科技潮流
Surf the internet	上网

Take the first step in	捷足先登
Technological development	科技发展
Transfer a file	传送文件
Turn on/off the TV	打开/关上电视