

2017 考研英语 (一) 完形填空

新东方

Could a hug a day keep the doctor away? The answer may be a resounding "yes!" ___1___ helping you feel close and ___2___ to people you care about, it turns out that hugs can bring a ___3___ of health benefits to your body and mind. Believe it or not, a warm embrace might even help you ___4___ getting sick this winter.

In a recent study ___5___ over 400 healthy adults, researchers from Carnegie Mellon University in pennsylvania examined the effects of perceived social support and the receipt of hugs ___6___ the participants' susceptibility to developing the common cold after being ___7___ to the virus. People who perceived greater social support were less likely to come ___8___ with a cold, and the researchers ___9___ that the stress-reducing effects of hugging ___10___ about 32 percent of that beneficial effect. ___11___ among those who got a cold, the ones who felt greater social support and received more frequent hugs had less severe ___12___.

"Hugging protects people who are under stress from the ___13___ risk for colds that's usually ___14___ with stress," notes Sheldon Cohen, a

professor of psychology at Carnegie. Hugging "is a marker of intimacy and helps __15__ the feeling that others are there to help __16__ difficulty."

Some experts __17__ the stress-reducing, health-related benefits of hugging to the release of oxytocin, often called "the bonding hormone" __18__ it promotes attachment in relationships, including **that** between mothers and their newborn babies. Oxytocin is made primarily in the central lower part of the brain, and some of it is released into the bloodstream. But some of it __19__ in the brain, where it __20__ mood, behavior and physiology.

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|----|----------------|----------------|----------------|----------------|
| 1. | [A] Besides | [B] Unlike | [C] Throughout | [D] Despite |
| 2. | [A] equal | [B] restricted | [C] connected | [D] inferior |
| 3. | [A] view | [B] host | [C] lesson | [D] choice |
| 4. | [A] avoid | [B] forget | [C] recall | [D] keep |
| 5. | [A] collecting | [B] affecting | [C] guiding | [D] involving |
| 6. | [A] on | [B] in | [C] at | [D] of |
| 7. | [A] devoted | [B] attracted | [C] lost | [D] exposed |
| 8. | [A] along | [B] across | [C] down | [D] out |
| 9. | [A] imagined | [B] denied | [C] doubted | [D] calculated |

10. [A]served [B]restored [C]explained [D]required
11. [A]Thus [B]Still [C]Rather [D]Even
12. [A]defeats [B]symptoms [C]errors [D]tests
13. [A]highlighted [B]increased [C]controlled [D]minimized
14. [A]presented [B]equipped [C]associated [D]compared
15. [A]assess [B]generate [C]moderate [D]record
16. [A]in the name [B] in the form [C] in the face [D] in the way
of of of of
17. [A]attribute [B]commit [C]transfer [D]return
18. [A]unless [B]because [C]though [D]until
19. [A]remains [B]emerges [C]vanishes [D]decreases
20. [A]experiences [B]combines [C]justifies [D]influences