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济南学校四级听力原文翻译

SECTION-A

News report 1

... parts of Scotland covered by the orange alert to avoid travel on Wednesday, ' this is what he said to us. The orange warning may be raised to red in some areas. That is a warning for snow that has never been seen since the modern system came into place in Scotland. The orange warning has been extended until 6 p.m. on Thursday. Trains, planes and ferries are also likely to be affected, with wind chill that could see parts of Britain feeling as cold as  $-15^{\circ}\text{C}$ . The head of road policing said, 'I would urge drivers to take extra care on the roads for their journeys. Drivers should make sure they are prepared for their journey with warm clothing, food and drink, sufficient fuel and a charged mobile phone. There could be significant traffic delays, so please start to plan your journey now to consider if you really need to travel on conditions of this ...

Questions:

1. What were people at parts of Scotland advised to do?
2. What did the head of road policing urge drivers to do?

“.....为避免周三出行，橙色预警覆盖了苏格兰部分地区，”这是他对我们说的话。在某些地区，橙色预警可能会升级为红色预警。这是自

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现代系统在苏格兰实施以来从未见过的降雪预警。橙色预警已经延长到周四下午 6 点。火车、飞机和渡船也可能受到影响，风寒可能使英国部分地区感到零下 15 摄氏度的寒冷。道路警察负责人说，“我要敦促司机在旅途中格外小心。司机们应该确保他们准备好了旅行用的保暖的衣服，食物和饮料，充足的燃料和一个充满电的手机。由于可能会有严重的交通延误，所以请现在开始计划你的旅程，考虑你是否真的需要在这种情况下旅行……”

问题：

1. 苏格兰部分地区的人们被建议做什么？
2. 道路警察局长敦促司机做什么？

## News Report 2

Romania's wetlands are coming back to life, thanks to help from local communities, the World Wildlife Fund and funding from the European Union. Roughly 2,224 acres of the picturesque Danube Delta – home to 300 species of birds – have filled with wildlife. The land has been connected to the network of lakes and streams in the area. 'A lot of birds have migrated to the area and one doesn't need to travel long hours anymore or go to other lakes to watch the birds,' says Ion Meuta, Deputy Mayor of Mahmudia. The area around Mahmudia, which is a UNESCO World Heritage site, is the third-most biodiverse in the world, after

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Australia's Great Barrier Reef and the Galapagos Islands. Groups used earth-moving equipment to restore the waterways. Government officials proposed to protect the area's endangered wild fish by issuing a fishing ban over the next decade.

Questions:

3. What is the news report mainly about?
4. What did government's officials propose to do to protect the endangered fish?

得益于当地社区的帮助，世界野生动植物基金会和欧盟的资助，罗马尼亚的湿地正在恢复生机。风景如画的多瑙河三角洲（约 300 种鸟类的栖息地）约 2224 英亩，充满了野生动植物。土地已连接到该地区的湖泊和溪流网络。Mahmudia 副市长 Ion Meuta 说：“许多鸟类已经移居该地区，人们不再需要长时间旅行或去其他湖泊观看鸟儿。” Mahmudia 周围地区是联合国教科文组织世界遗产，是世界第三大生物多样性区，仅次于澳大利亚的大堡礁和加拉帕戈斯群岛。团体使用土方设备恢复水道。政府官员提议在未来十年内发布捕鱼禁令，以保护该地区的濒危野生鱼类。

问题:

3. 该新闻报道的主要内容是什么?
4. 政府官员建议采取什么措施来保护濒临灭绝的鱼类?

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### News Report 3

Scott Dunn, recently awoke from a medically-induced sleep he'd been in after a car accident. He was heartbroken after realizing he'd missed his high school graduation. His classmates decided to give him a second chance. It was just a month ago that East Juniata High School seniors met in the school's auditorium for graduation. And last week, they did it again. Scott's car accident was on May 22nd, just 3 days before the ceremony. "I remember waking up in the hospital and asking mom, 'What day it was', she told me it was the 28th." He said, "I looked at her and said, 'I missed my graduation.'" The school's principal, Mr. Fausey, called Scott's mom Karen and said that everybody wants to do something special for him. Students wore their caps and gowns and sat in the front of the auditorium. Scott's parents, Karen and Scott Senior, sat front and center. After brief speeches, Scott's name was called, only Scott's name. He walked across the stage as the audience cheered. A graduation for one. "I'm speechless," Scott said. "I don't know how to even explain it. I'm speechless to know that so many people are behind me."

Questions 5-7 are based on the news report you have just heard.

5. What happened to Scot a month ago?
6. What did Scot ask about when he regained consciousness?
7. Why was Scot speechless at the graduation ceremony?

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斯科特·邓恩 (Scott Dunn)，最近从车祸后的药物催眠中醒来。在意识到自己错过了高中毕业后，他伤心欲绝。他的同学决定再给他一次机会。就在一个月前，东朱尼亚塔高中的高年级学生在学校礼堂举办了毕业典礼。上周，他们又举办了一次毕业典礼。斯科特的车祸发生在5月22日，即仪式举行的前三天。“我记得在医院醒来时问妈妈，‘那天是什么日子’，她告诉我那是28日。”他说：“我看着她说，‘我错过了毕业典礼。’”这所学校的校长 Fausey 先生给斯科特的妈妈 Karen 打电话，说大家都想为他做些什么。学生们戴好帽子、穿上长袍，坐在礼堂前。斯科特的父母凯伦和斯科特 (Scott Senior) 坐在前排中间。在简短的演讲后，叫到了斯科特的名字，也只叫到了斯科特一个人的名字。当他走过舞台时，观众在一旁欢呼雀跃。这是为一名学生举办的毕业典礼。“我不知道该说些什么，”斯科特说。“我甚至不知道该解释些什么。有这么多人在我身后支持我，让我感动的说不出话来。”

问题：

5. 一个月前斯科特发生了什么事？
6. 当斯科特恢复意识时，他问了什么？
7. 为什么斯科特在毕业典礼上说不出话？

## SECTION-B

### Conversation 1

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M: How do you like your new flexible work in arrangement? Do you enjoy working from home?

W: Yes and no, I find an isolation challenging at times, apart from my mother, not too many people I know, have time for phone chat during working hour. I tried the library but found I wasn't really keen on working there.

M: No, neither would I. I find the library a bit too quiet. I'd lack inspiration or stimulation, which would be counter-productive to getting a lot of work done.

W: I found the same thing. So, lately, I've been going out to Cafes occasionally, I love the noise, the people, the busyness of a Café, the sense of being out in the world.

M: Coffee shops seem to have affectively become off spaces for so many people in this digital age. Though I'm not sure how Café owners feel about it - having so many people who go to that places to work rather than drink and eat.

W: Yes, some people seem to spend a lot of time there and not order much. The most annoying one for Café owners must truly be those, usually only two of them, who occupy a table for six with their laptops and paperwork.

M: They should sit at a table for two, not the table for six. Some obviously stay so long, they need to plug the laptops into a power adapter.

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I nearly tripped over someone's computer electrical lead the other day in my local café.

W: It's a double-edged sword, no doubt about that, for a Café owner. While remote workers help to keep the café full in quiet times, they can take up valuable table space and busy period.

Questions

8. What does the woman say is the disadvantage of working from home?
9. What does the man say is counter-productive to getting work done in the library?
10. What does the woman like about doing one's work in a café?
11. What is most annoying for café owners according to the woman?

M: 你觉得新的弹性工作安排如何？你喜欢在家工作吗？

W: 是也不是，我觉得隔离有时很有挑战性，除了我妈妈，我认识的人中没有太多人在工作时间还有时间打电话聊天的。我试过在图书馆工作，但我发现我也不太喜欢在那里工作。

M: 我也不喜欢。我觉得图书馆有点太安静了。我缺乏灵感或刺激，这会对完成大量工作产生反作用。

W: 我有同感。所以，最近，我偶尔会去咖啡馆，我喜欢咖啡馆的噪音、人、忙碌，还有置身于这个世界的感觉。

M: 在这个数字时代，咖啡店似乎已经成为很多人的活动场所。尽管我不确定咖啡馆老板对此有何看法——有这么多人去那里工作而

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不是喝酒吃饭。

W: 是的, 有些人似乎花了很多时间在那里, 却不怎么点餐。对咖啡馆老板来说, 最烦人的一定是那些通常只有两个人, 他们拿着笔记本电脑和文书占据了六个人的桌子。

M: 他们应该坐两个人的桌子, 而不是六个人的桌子。有些人显然呆得太久了, 他们 need 要把笔记本电脑插进电源插口。前几天我在本地咖啡馆差点被别人的电脑电源线绊倒。

W: 对咖啡馆老板来说, 这无疑是把双刃剑。虽然在安静的时候, 远程工作人员可以帮助咖啡馆保持客满, 但他们会占用宝贵的桌子空间和繁忙的时间。

问题:

8. 这个女人说在家工作的缺点是什么?
9. 这个男人说什么会对图书馆的工作产生反作用?
10. 这个女人喜欢在咖啡馆里工作吗?
11. 这位女人说, 咖啡馆老板最讨厌的是什么?

## Conversation 2

W: I'm going to start working for another job. I can't see myself getting an opportunity to progress on my company anytime in the near future. And I really think my skills and abilities deserve a higher salary.

M: You are not going to quit, are you?



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W: I'm thinking I might as well. Then I can devote more time and energy to find me a better position at another company.

M: But you've been in your present company less than two years, haven't you? This would be the third time you've left your job in the last five years. If you do several jobs in a relatively short span of time, perspective employers might see that you lack loyalty. That could make them worry and reluctant to employ you.

W: Unfortunately, loyalty doesn't pay. Even if I get a promotion at my company, it's likely to be less sizeable than if I were to get a job elsewhere. And even if I get a promotion, I'm not guaranteed to get a raise. I had that experience at another company I worked up.

M: They want you to take on more work and responsibility but for the same amount of money?

W: More or less, yes. The way I see it, through having different jobs, I've got a lot of experience in different industries.

M: But potential employers might worry about that experience is not deep, or thorough enough.

W: Perhaps, but I feel pretty confident that I can sell myself. You know what they say, fortune favors the brave.

Q12: What makes the woman think about changing her job?

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Q13: What does the man say about people who keep changing their jobs?

Q14: What does the woman say would happen even if she got promoted in her current company?

Q15: What benefit has the woman gain from changing her jobs frequently?

W: 我要开始另一份工作了。近期，我在公司看不到能获得进步的机会。而且我真的认为根据我的技能和能力，我应该得到更高的薪水。

M: 你不会辞职吧？

W: 我想我最好辞职。这样我就可以花更多的时间和精力在另一家公司找到一个更好的职位。

M: 但你到现在的公司还不到两年，是吗？这将是你在过去五年中第三次离职。如果你在相对较短的时间内做了几份工作，有远见的雇主可能会认为你缺乏忠诚度。这会让他们担心，因而不愿意雇用你。

W: 不幸的是，忠诚是没有回报的。即使我在本公司得到了升职，职位可能比我在别的公司得到的职位低。即使我在本公司升职了，也不能保证加薪。我在另一家公司有过这样的经历。

M: 他们想让你承担更多的工作和责任，但是付给你的钱不变？

W: 差不多吧。在我看来，我通过做不同的工作在不同的行业积累了很多的工作经验。

M: 但潜在的雇主可能会担心这种经验不够深入，或不够透彻。

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W: 也许吧, 但我很有信心我可以推销自己。毕竟人们常说, 命运眷顾勇敢的人。

问题:

12. 是什么让(对话中的)女士考虑换工作?
13. (对话中的)男士怎么评价那些不断跳槽的人?
14. (对话中的)女士说, 即使她在目前的公司得到提升, 会发生什么?
15. (对话中的)女士频繁跳槽获得了什么好处?

## SECTION C

### Passage one

There is a saying that goes something along the lines of 'You must love yourself first before you can love someone else.' Similarly, I personally believe that you must be comfortable and happy in your own company before you can truly be yourself in the company of others. There is a massive difference between being lonely and being alone. Loneliness is a horrible feeling. However, you don't have to actually be alone to feel that way. Many times, I've felt lonely when surrounded by a big group of people. In contrast, being alone can actually be a blessing, particularly, when you've actively chosen it. In my experience, being bored and alone is dangerous and can easily lead to the feeling of loneliness. The trick is

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to be active. Get outside, stretch your legs, do something cultural, buy yourself something tasty to eat or something pretty to wear. You don't have to take anyone else into consideration and can do whatever you please. Spending time alone also allows you to more efficiently take care of problems. And then, when it's time to be social and meet up with your friends, you will be fully there, because you won't have too much other stuff floating around in your mind. Having been alone for a bit, you will also appreciate your friends' company more and chances are your time spent together will be more worthwhile.

Questions:

16. What does the speaker say about being alone?
17. What does the speaker say how to reduce one's feeling of loneliness?
18. What is an advantage of spending one's time alone?

有句俗话说“先爱自己才有能力爱别人”。个人认为，自己陪伴自己也是如此，你必须先感到舒适和快乐，才能在别人的陪伴下真正做自己。孤独和独处是有很大区别的。孤独是一种可怕的感觉；然而，你并不需要孑然一身才有孤独之感。很多时候，我虽四处环人，却感到孤独。相比之下，独处就像是一种福气，尤其是你主动出击的时候。以我的经验，无聊和独处是很危险的，很容易导致孤独感。那么诀窍就是要积极主动。走出去，舒展你的双腿，参与文化活动，给自己买些好吃的或漂亮的衣服。你不必考虑任何人，你可以做你想做，独处

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也能让你更有效地处理问题。当你参与社交活动，和朋友见面，你就会完全投入其中，因为你不会有太多其他的东西在你的脑海里浮现。独处一段时间后，你会更喜欢朋友的陪伴，你们在一起的时间也会更有价值。

问题

16. 说话者如何看待独处？

17. 说话者认为如何减少孤独感？

18. 独处有什么好处？

Passage 2

When I turned twelve, I worked summers at my father's small brick cleaning business. I remember the harsh acid smell of the cleaning solution, and the scraping sound of stiff iron brushes against rough brick. It was tempting to have your job just finish. But anybody who worked for Thomas Kahoon had to meet his standards, and that include of me. If I messed up, he made me stay late until I got it right.

My father wasn't been me. He demanded the same at himself. Every brick he cleaned on the house stood out like a red jewel in a white setting. It was his signature.

In 1970, when I was twenty, I got married. I moved out my parent's modest place into a housing project.

Drugs and gang violent were just beginning to plague the projects.

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Some of my friend went to jail. Some were killed. My wife Verllen, was 18, and nobody gave our marriage a chance. But we believed in each other. And our faith made us strong.

When we married, I worked as a stock clerk at Southwest Super Food. It was hard, tedious work. Each Friday night a truck came, with cases of food that had to be unloaded, priced and placed on shelves.

Most of stock clerks try to get Friday night off. But I was always ready to work. By Saturday morning, all the kinds and drawers in my aisle would place with a label facing smartly out, like a line of soldiers on review. That was my signature. I took pride in a job nobody wanted.

Questions:

19. What do we learn about the speaker's father?
20. What does the speaker say about the housing project?
21. What do we learn about the speaker as a stock clerk?

当我十二岁的时候，我在父亲的小砖瓦清洁公司工作。我还记得清洁剂的酸味，还有硬铁刷在粗砖上刮擦的声音。刚完成你的工作是很诱人的。但任何为托马斯·卡洪工作的人都必须符合他的标准，包括我在内。如果我搞砸了，他会让我呆到很晚，直到我把事情做好。

我父亲不是我。他对自己也提出同样的要求。他擦净的每一块砖，在白色的背景中都像一颗红色的宝石。那是他的标签。

1970年，我20岁的时候结婚了。我从父母的住处搬到了一个住

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宅区。

毒品和帮派暴力刚刚开始困扰这些项目。

我的一些朋友进了监狱。一些被杀。我的妻子 Verllen, 18 岁，没有人给我们的婚姻机会。但我们彼此信任，信念使我们坚强。

我们结婚时，我在西南超级食品公司做仓库管理员。这是一项艰苦而乏味的工作。每周五晚上都会来一辆卡车，载着一箱箱的食品，这些食品需要卸货、定价，然后摆在货架上。

大多数存货员都想在星期五晚上休息，但我总是随时准备工作。到了星期六早上，我过道里的各种物品和抽屉都会贴上标签，标签朝外，就像一排接受检阅的士兵。那是我的标签。我以没有人想要的工作而自豪。

问题：

19. 关于说话人的父亲，我们了解到什么？

20. 关于住房工程，说话人说了些什么？

21. 说话人作为存货管理员，我们了解到什么信息？

Passage3

Older people who watch more television are also less likely to undertake activities knowing to preserve mental functioning, such as reading or interactive screen base pursuits, such as using the internet or playing video games. The researchers say that television viewing maybe a risk factor for all Alzheimer's disease, but more researches needed to

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establish a link.

While watching television may have educational benefits and relaxation benefits, the researchers advise that adults over the age of 50 should try and ensure that television viewing is balanced with other contrasting activities. If you're concerned that the amount of television you're watching could have a negative impact on your health, you should eliminate the amount of TV watch each day and undertake some healthy hobbies.

Questions:

22. By what means does scientist at University College London measure memory lost?

23. What contributed to memory decline in the participants?

24. What did the researchers say about their finding concerning the link between TV viewing and xxx this disease?

25. What do the researchers suggest older people do?

一项针对 3000 多名成年人的新研究表明，每天看电视超过 3 小时会使老年人的记忆力下降一倍。伦敦大学学院的科学家相隔六年对同一组人进行了记忆和流畅度测试。他们发现，那些平均每天看电视时间少于 3 小时的人的记忆力下降了 4%到 5%，而那些每天看电视时间超过 3 小时的人的记忆力下降了 8%到 10%。研究小组称，他们认为



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看电视的警觉而被动的特性可能会给大脑造成压力，从而导致记忆力下降。

看电视较多的老年人也不太可能从事那些能够保持智力功能的活动，如阅读或使用互联网、玩电子游戏等交互式屏幕基础活动。研究人员说，看电视可能是所有阿尔茨海默病的危险因素，但需要更多的研究来确定两者之间的联系。

虽然看电视可能有教育和放松的好处，研究人员建议 50 岁以上的成年人应该努力确保看电视和其他对比活动之间的平衡。如果你担心看电视的时间过长会对你的健康产生负面影响，你应该减少每天看电视的时间，培养一些健康的爱好。

问题：

22. 伦敦大学学院的科学家用什么方法测量记忆丧失？
23. 是什么导致了参与者的记忆力下降？
24. 关于看电视和 xxx 这种疾病之间的联系，研究人员说了什么？
25. 研究人员建议老年人做什么？