

评分: B

只是简单翻译

2020 年 7 月 四级第一套听力 Passage 3

Passage 3

【听力原文】:

Watching more than 3 hours of television a day doubles memory loss in older people, a new study of more than 3,000 adults suggests. (22) Scientist at University College London used memory and fluency tests on the same group of people 6 years apart. They found that those who watched on average less than 3 hours television a day showed a decline ever round 4 to 5 percent, while those who tended to watch more than 3 hours a day declined by an average of 8 to 10 percent. (23) The research team say they believe the alert but passive nature of television watching maybe creating stress on the mind, which contributes to memory decline.

Older people who watch more television are also less likely to undertake activities knowing to preserve mental functioning, such as reading or interactive screen base pursuits, such as using the internet or playing video games. (24) The researchers say that television viewing maybe a risk factor for all Alzheimer's disease, but more researches needed to establish a link.

While watching television may have educational benefits and relaxation benefits, (25) the researchers advise that adults over the age of 50 should try and ensure that television viewing is balanced with other contrasting activities. If you're concerned that the amount of television you're watching could have a negative impact on your health, you should eliminate the amount of TV watch each day and undertake some healthy hobbies.

问题:

22. By what means does scientist at University College London measure memory lost?

23. What contributed to memory decline in the participants?

24. What did the researchers say about their finding concerning the link between TV viewing and xxx this disease?

25. What do the researchers suggest older people do?

## 【问题解析】:

22. By what means does scientist at University College London measure memory lost? 伦敦大学的科学家用什么方法测量记忆丧失?

根据原文可知: "Scientist at University College London used memory and fluency tests on the same group of people 6 years apart." 伦敦大学的科学家对相隔 6 年的同一组人进行了记忆力和流利度测试。

23. What contributed to memory decline in the participants? 是什么导致了参与者的记忆力下降?

根据原文可知: The research team say they believe the alert but passive nature of television watching maybe creating stress on the mind, which contributes to memory decline. 研究小组表示, 他们认为看电视这种警觉但被动的天性可能会给大脑造成压力, 从而导致记忆力下降。

24. What did the researchers say about their finding concerning the link between TV viewing and Alzheimer's disease? 研究人员是怎么看待电视和老年痴呆症之间的联系?

根据原文可知: The researchers say that television viewing maybe a risk factor for all Alzheimer's disease, but more researches needed to establish a link. 研究人员说, 看电视可能是所有老年痴呆症的一个危险因素, 但是需要更多的研究来确立联系。

25. What do the researchers suggest older people do? 研究人员建议老年人做什么?

根据原文可知: the researchers advise that adults over the age of 50 should try and ensure that television viewing is balanced with other contrasting activities. 研究人员建议 50 岁以上的成年人应该努力确保电视观看与其他对比鲜明的活动之间保持平衡。