

2020年7月四级第一套听力解析

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Section A News Item 1

“(1)parts of Scotland covered by the orange alert to avoid travel on Wednesday.” This is what he said to us. The orange warning may be raised to red in some areas. That is a warning for snow that has never been seen since the modern system came into place in Scotland. The orange warning has been extended until 6 p.m. on Thursday. Trains, planes and ferries are also likely to be affected, with wind chill that could see parts of Britain feeling as cold as -15°C . The head of road policing said, “(2)I would urge drivers to take extra care on the roads for their journeys. Drivers should make sure they are prepared for their journey with warm clothing, food and drink, sufficient fuel and a charged mobile phone. There could be significant traffic delays, so please start to plan your journey now to consider if you really need to travel on conditions of this ...”

本篇新闻的主要内容是苏格兰部分地区收到天气橙色预警, 截止到当地时间星期四下午6时, 将会有大雪伴随着寒风降温。当地路警负责人称, 如在此天气仍需出行的司机应做好充分的出行准备, 如保暖衣物、食物饮品等等。

1. What were people at parts of Scotland advised to do?

题目一是常出的主旨题, 考察新闻第一句话所播报的内容。问题是苏格兰部分地区的人们被建议去做什么, 答案出自第1句 to avoid travel on Wednesday, 即由于橙色预警, 建议人们尽量不要出行。

2. What did the head of road policing urge drivers to do?

题目二是新闻下半段的核心内容, 其中引入了当地路警负责人对于出行司机的嘱托: to take extra care on the roads for their journeys, 如需出行, 要额外注意, 并在下文中列举了需要特别准备的一些措施, 但出于明确出题点的考虑, 列举的种种内容应当不会作为考点。

Section A News Item 2

(3)Romania's wetlands are coming back to life, thanks to help from local communities, the World Wildlife Fund and funding from the European Union. Roughly 2,224 acres of the picturesque Danube Delta – home to 300 species of birds – have filled with wildlife. The land has been connected to the network of lakes and streams in the area. “A lot of birds have migrated to the area and one doesn't need to travel long hours anymore or go to other lakes to watch the birds,” says Ion Meuta, Deputy Mayor of Mahmudia. The area around Mahmudia, which is a UNESCO World Heritage site, is the third-most biodiverse in the world, after Australia's Great Barrier Reef and the Galapagos Islands. Groups used earth-moving equipment to restore the waterways. (4)Government officials proposed to protect the area's endangered wild fish by issuing a fishing ban over the next decade.

本篇新闻的主要内容是罗马尼亚湿地在多方帮助下恢复生机。该湿地通过挖土掘地的方式恢复水路, 并连接至当地水域网络。同时, 这片湿地已经充斥着各种各样的野生动物和鸟类。

3. What is the news report mainly about?

第3题再次考察文章，开头第1句即是答案：Romania's wetlands are coming back to life，罗马尼亚的湿地恢复生机。

4. What did government's officials propose to do to protect the endangered fish?

第4题考察点与第2题非常类似，都是在新闻中引入了第三方的话术，并问他们说了什么。而本题目的难点在于答案位于新闻的最后一句，心急的考生可能已经被错误选项迷惑，错过了最后一句中的 issuing a fishing ban over the next decade，当地政府的提议是在接下来的10年里发布禁渔令从而保护当地濒危鱼类。

Section A News Item 3

Scott Dunn, recently awoke from (5) a medically-induced sleep he'd been in after a car accident. He was heartbroken after realizing he'd missed his high school graduation. His classmates decided to give him a second chance. It was just a month ago that East Juniata High School seniors met in the school's auditorium for graduation. And last week, they did it again. Scott's car accident was on May 22nd, just 3 days before the ceremony. (6) "I remember waking up in the hospital and asking mom, 'What day it was', she told me it was the 28th." He said, "I looked at her and said, 'I missed my graduation.'" The school's principal, Mr. Fausey, called Scott's mom Karen and said that everybody wants to do something special for him. Students wore their caps and gowns and sat in the front of the auditorium. Scott's parents, Karen and Scott Senior, sat front and center. After brief speeches, Scott's name was called, only Scott's name. He walked across the stage as the audience cheered. A graduation for one. (7) "I'm speechless," Scott said. "I don't know how to even explain it. I'm speechless to know that so many people are behind me."

新闻三跟往年套路相同，在前两篇社会新闻之后，加入了一篇以“某人”为主线的新闻。该新闻讲述的是一个名叫 Scott Dunn 的高中生在毕业典礼前3天发生了车祸，错过了毕业典礼，他的校长和有爱的同学们为了他又举行了一次特别的典礼。

5. What happened to Scott a month ago?

注意第5题的问题，是文中主人公 Scott 一个月前怎么了，答案直接出自第一句话的最后半句：a car accident。很多人遇到这个题目可能会被陷阱所迷惑，因为文章中给出明确时间点 a month ago 说的是 East Juniata High School seniors met in the school's auditorium for graduation，高中生们聚集到礼堂准备进行毕业典礼，但实际并不符合本道题目。

6. What did Scott ask about when he regained consciousness?

第6题和前两篇新闻的题目很像，都是在文中引入了说话的内容并设计了考点。本道题目问的是 Scott 恢复意识时问了什么，答案是：What day it was，问的是今天星期几（因为他一直挂念着自己的毕业典礼）

7. Why was Scot speechless at the graduation ceremony?

第7题是标准的理解型题目，要通过原文的意思做引申，Scott 说自己说不出话的原因是 so many people are behind me，太多人在背后支持他，其实就是感动或感慨他人的理解与支持。

Section B Conversation 1

M: How do you like your new flexible work in arrangement? Do you enjoy working from home?

W: Yes and no, (8) I find an isolation challenging at times, apart from my mother, not too many people I know, have time for phone chat during working hour. I tried the library but found I wasn't really keen on working there.

M: No, neither would I. I find the library a bit too quiet. (9) I'd lack inspiration or stimulation, which would be counter-productive to getting a lot of work done.

W: I found the same thing. So, lately, I've been going out to Cafes occasionally, (10) I love the noise, the people, the business of a Café, the sense of being out in the world.

M: Coffee shops seem to have affectively become off spaces for so many people in this digital age. Though I'm not sure how Café owners feel about it - having so many people who go to that places to work rather than drink and eat.

W: Yes, some people seem to spend a lot of time there and not order much. (11) The most annoying one for Café owners must truly be those, usually only two of them, who occupy a table for six with their laptops and paperwork.

M: They should sit at a table for two, not the table for six. Some obviously stay so long, they need to plug the laptops into a power adapter. I nearly tripped over someone's computer electrical lead the other day in my local café.

W: It's a double-edged sword, no doubt about that, for a Café owner. While remote workers help to keep the café full in quiet times, they can take up valuable table space and busy period.

第一篇长对话正符合疫情前半年的我们，谈论的是在家办公。男女说话者的观点正如我们自己的心声：在家办公尽管相对时间灵活，但没有氛围；图书馆又过于安静，没有人气，缺乏灵感；综合来看，咖啡馆可以说是一个不错的选择。

8. What does the woman say is the disadvantage of working from home?

第8题问的是女生认为在家办公的缺点是什么，直接对应对话中的 I find an isolation challenging，她会有一种被隔绝的感觉。

9. What does the man say is counter-productive to getting work done in the library?

第9题是调换人物出题，问的是男生觉得什么使得在图书馆办公适得其反。答案单词稍难，男人说：I'd lack inspiration or stimulation，缺乏灵感和刺激。

10. What does the woman like about doing one's work in a café?

第10题应该是一个理解型的题目，因为女人说自己喜欢咖啡馆的原因有好几个：嘈杂的声音、人们、咖啡馆的生意以及置身于外面的世界这种感觉，本题目需要学生做一个汇总，答案大概是环境或氛围这一类的总结性的内容。

11. What is most annoying for café owners according to the woman?

第11题答案伴随着标准的出题信号词 most(最高级)一同出现，在咖啡馆中最恼人的莫过于 only two of them, who occupy a table for six with their laptops and paperwork，两个人占了六人桌。

Section B Conversation 2

W: I'm going to start working for another job. (12) I can't see myself getting an opportunity to progress on my company anytime in the near future. And I really think my skills and abilities

deserve a higher salary.

M: You are not going to quit, are you?

W: I'm thinking I might as well. Then I can devote more time and energy to find me a better position at another company.

M: But you've been in your present company less than two years, haven't you? This would be the third time you've left your job in the last five years. (13)If you do several jobs in a relatively short span of time, perspective employers might see that you lack loyalty. That could make them worry and reluctant to employ you.

W: Unfortunately, loyalty doesn't pay. Even if I get a promotion at my company, it's likely to be less sizeable than if I were to get a job elsewhere. (14)And even if I get a promotion, I'm not guaranteed to get a raise. I had that experience at another company I worked up.

M: They want you to take on more work and responsibility but for the same amount of money?

W: More or less, yes. (15)The way I see it, through having different jobs, I've got a lot of experience, and different jobs and in different industries.

M: But potential employers might worry about that experience is not deep, or thorough enough.

W: Perhaps, but I feel pretty confident that I can sell myself. You know what they say, fortune favors the brave.

本篇内容主要是女人不满现在的工作想要跳槽，男人表示你这五年内都要第三次跳槽了，很容易让以后的老板质疑你的忠实，不好找工作。按照长对话一贯的套路，女人不同意男人的话，她觉得跳槽能获得更多的经验，而且她有信心能找到新工作。

12. What makes the woman think about changing her job?

第12题问女人考虑换工作的原因，文中对应的是两个点，一个是 I can't see myself getting an opportunity to progress 现在的工作看不到发展机会，另一个是 my skills and abilities deserve a higher salary 她认为自己的能力应得更高的薪水。正确答案应该出自这两点之一。

13. What does the man say about people who keep changing their jobs?

男人对于频繁跳槽的看法是：employers might see that you lack loyalty，雇主会认为员工缺乏忠诚，并不愿意去雇佣这个人。

14. What does the woman say would happen even if she got promoted in her current company?

第14题答案出自让步状语从句，女人说即使她在现在的公司升职了，也无法保证 get a raise，此处考察对于 raise 这个词的掌握，该单词除了大家普遍掌握的抚养的含义，还特指金钱方面的提高，所以此处 raise 指的是涨薪，女生的意思是升职也不一定涨薪。

15. What benefit has the woman gain from changing her jobs frequently?

第15题设置在对话结尾部分，女人表示跳槽也是有收获的，I've got a lot of experience，通过不同行业和工作得到了很多经验。

Section C Passage 1

There is a saying that goes something along the lines of 'You must love yourself first before you can love someone else.' Similarly, I personally believe that you must be comfortable and happy in your own company before you can truly be yourself in the company of others. There is a massive

difference between being lonely and being alone. Loneliness is a horrible feeling. However, you don't have to actually be alone to feel that way. Many times, I've felt lonely when surrounded by a big group of people. In contrast, (16) being alone can actually be a blessing, particularly, when you've actively chosen it. In my experience, being bored and alone is dangerous and can easily lead to the feeling of loneliness. (17) The trick is to be active. Get outside, stretch your legs, do something cultural, buy yourself something tasty to eat or something pretty to wear. You don't have to take anyone else into consideration and can do whatever you please. (18) Spending time alone also allows you to more efficiently take care of problems. And then, when it's time to be social and meet up with your friends, you will be fully there, because you won't have too much other stuff floating around in your mind. (18) Having been alone for a bit, you will also appreciate your friends' company more and chances are your time spent together will be more worthwhile.

篇章一讲的是 being lonely 和 being alone 的区别，即孤单和独自一人的区别，并以自己为例，说有的时候自己被人群包围还是会觉得孤单，并建议此时应该怎么做。在文章的最后，作者提出了新的观点，那就是有时候独自一人是有好处的，这样等到你和朋友在一块的时候会珍惜他们的陪伴。

16. What does the speaker say about being alone?

第 16 题对于一些心急的同学可能是个折磨，文章进行到中段伴随着 in contrast 这个转折才说到答案：being alone can actually be a blessing, particularly, when you've actively chosen it, 独自一人可能是种福气，尤其是你自己去选择这么做的时候。

17. What does the speaker say how to reduce one's feeling of loneliness?

一般提出问题的文章往往会在接下来列举解决办法，第 17 题的难点在于用 trick 代替了 solution 和建议句型，一般此类题目的答案往往伴随着 you should /you'd better, 而本道题说的是 The trick is to be active, active 并不难，但是得知道 the trick 在这里表示的是怎么去处理孤单的情绪。

18. What is an advantage of spending one's time alone?

谈到独自一人的好处，文章列举了两处，一个是 allows you to more efficiently take care of problems 能够让你更有效率地去解决问题，另一个是 you will also appreciate your friends' company more 你会感激朋友的陪伴(此处的 company 表陪伴)，重点看选项给出的是哪一个，注意分辨陷阱。

Section C Passage 2

When I turned twelve, I worked summers at (19) my father's small brick cleaning business. I remember the harsh acid smell of the cleaning solution, and the scraping sound of stiff iron brushes against rough brick. It was tempting to have your job just finish. (19) But anybody who worked for Thomas Kahoon had to meet his standards, and that include of me. If I messed up, he made me stay late until I got it right. My father wasn't been me. He demanded the same at himself. Every brick he cleaned on the house stood out like a red jewel in a white setting. It was his signature. (20) In 1970, when I was twenty, I got married. I moved out my parent's modest place into a housing project. Drugs and gang violent were just beginning to plague the projects. Some of my friend went to jail. Some were killed. My wife Verllen, was 18, and nobody gave our marriage a chance. But we believed in each other. And our faith made us strong. When we married,

I worked as a stock clerk at Southwest Super Food. It was hard, tedious work. Each Friday night a truck came, with cases of food that had to be unloaded, priced and placed on shelves. (21)Most of stock clerks try to get Friday night off. But I was always ready to work. By Saturday morning, all the kinds and drawers in my aisle would place with a label facing smartly out, like a line of soldiers on review. That was my signature. I took pride in a job nobody wanted.

这是一篇人物叙述类的篇章, 讲的是一个人从少年在父亲的砖墙清理公司打工到后来成家自己做仓库管理员的经历。本篇的难点在于其中的 brick, stock clerk 都不属于常规的重点词, 容易造成文章生僻词过多, 难以理解的情况。

19. What do we learn about the speaker's father?

第 19 题问的是关于作者的父亲我们能够知道什么, 文章有两处提及了父亲的信息, 一个是 my father's small brick cleaning business 父亲有一个砖墙清理的小生意; 另一个通过事例来侧面表现了父亲的性格: 每个人都得达到他的标准, 哪怕是我, 如果搞砸了, 也得一直待到把事做好为止。可以得出结论, 父亲是一个认真严谨的人。本道题得通过选项来判定答案是哪个。

20. What does the speaker say about the housing project?

在文章中, 1970 年这个出题点首次提到了 housing project, 但是该句话对于此事的叙述寥寥无几, 答案应该出自于下句的 Drugs and gang violence were just beginning to plague the projects, 毒品和帮派暴力拖累了主人公的住房计划。

21. What do we learn about the speaker as a stock clerk?

第 21 题答案同样是一个理解型的题目, 主人公说了多条信息, 分别是其他工人常常希望周五晚上休息, 而他随时准备好工作, 并且最后总结称他为自己的工作感到骄傲。本题目需要理解主人公叙述的关于自己工作的种种信息, 最后结合选项找出最符合的答案。

Section C Passage 3

Watching more than 3 hours of television a day doubles memory loss in older people, a new study of more than 3,000 adults suggests. (22) Scientist at University College London used memory and fluency tests on the same group of people 6 years apart. They found that those who watched on average less than 3 hours television a day showed a decline ever round 4 to 5 percent, while those who tended to watch more than 3 hours a day declined by an average of 8 to 10 percent. (23) The research team say they believe the alert but passive nature of television watching maybe creating stress on the mind, which contributes to memory decline.

Older people who watch more television are also less likely to undertake activities knowing to preserve mental functioning, such as reading or interactive screen base pursuits, such as using the internet or playing video games. (24) The researchers say that television viewing maybe a risk factor for all Alzheimer's disease, but more researches needed to establish a link.

While watching television may have educational benefits and relaxation benefits, (25) the researchers advise that adults over the age of 50 should try and ensure that television viewing is balanced with other contrasting activities. If you're concerned that the amount of television you're watching could have a negative impact on your health, you should eliminate the amount of TV watch each day and undertake some healthy hobbies.

篇章三是典型的科普类文章, 但是话题比较接地气, 难度不高。先引入结论, 最新研究

表示每天看电视超过 3 小时会造成双倍的记忆力缺失,甚至可能是阿尔茨海默症的风险因素。最后建议 50 岁以上的成年人应该均衡看电视的时间。

22. By what means does scientist at University College London measure memory lost?

文章第 2 句引入专有名词作为考点,指出伦敦大学通过 memory and fluency tests on the same group of people 6 years apart, 相隔 6 年对同一群体做记忆和流利度测试。

23. What contributed to memory decline in the participants?

第 23 题转折词后 but 出答案,导致参与者记忆力衰退的原因是 passive nature of television watching maybe creating stress on the mind, 看电视的被动性可能对于头脑造成了压力。

24. What did the researchers say about their finding concerning the link between TV viewing and Alzheimer's disease?

第 24 题再次引入研究人员的话作为考点,指出看电视可能会成为患阿尔茨海默症的风险因素, television viewing maybe a risk factor for all Alzheimer's disease

25. What do the researchers suggest older people do?

科普类说明文一定会在提出问题之后给出解决办法,本篇题目也不例外。最后一题问的就是应该怎么去做,请注意,这里千万不要当作阅读理解题想当然地觉得肯定就是少看电视啊,要注意听文章是怎么说的。文章提出的研究人员的建议是: ensure that television viewing is balanced with other contrasting activities, 确保看电视和其他有差异的活动均衡进行。