

2020年9月四级仔细阅读试题解析

新东方长春学校 赵梦莹

Work-life balance is dead. By this, I'm not advocating that you should give up your quest to have a fulfilling career and a thriving personal life, and I am definitely not saying that you have to give up one to have the other. I also acknowledge that we have a work-life problem, but I'm arguing that the concept of balance has never been helpful, because it's too limiting. You see, language makes a difference, and how we refer to things matters because it affects our thinking and therefore our actions.

At the minimum, most of us work because we want to be able to support ourselves, our families, and the people around us. In the ideal world, we're all doing work that we're proud of and that provides meaning and purpose to us. But even if your job doesn't give you shivers of joy with each new day, working is a part of what each of us does and the contribution we make to society. When you separate work and life, it's a little bit harder to make that connection. But when you think of work as part of a full life and a complete experience, it becomes easier to see that success in one aspect often supports another.

Losing your balance and falling isn't pleasant. A goal to balance suggests that things could get off balance, and that causes terrible outcomes. It's more constructive to think of solutions that continue to evolve over shifts in life and work. Rather than falling or failing, you may have good days or better days or not-so-good days. These variations are normal, and it's more useful to think of life as something that is ever evolving and changing, rather than a high-risk enterprise where things could go wrong with one misstep.

How we talk to ourselves matters, and how we talk about issues makes a difference. Let's bury "work-life balance" and think bigger and better about work-life fulfillment to do a little less balancing and a lot more living.

51. What does the author suggest by saying "The work-life balance is dead"?

【答案】D. The concept of work-life balance contributes little to a fulfilling life.

平衡工作与生活的这个概念对于充实的生活没有任何帮助。

【解析】

根据题干关键词可以定位至文章首段第一句，题干询问这句话的意义，所以需要从段落当中找到作者对该句的解释。而在首段转折 but 前，都是作者否定的内容，所以转折后 ‘but I’m arguing that the concept of balance has never been helpful, because it’s too limiting.’ 才是作者本人观点，意为 “这种概念过于狭隘，没有任何帮助”。只有 D 选项可以与之构成同意替换。

【干扰选项解析】

A) The hope of achieving a thriving life is impossible to realize.

过富裕生活的愿望很难实现

Thriving life 出现在首段第二句作者否定的观点句里

B) The pursuit of a fulfilling career involves personal sacrifice.

追求事业成就感需要自我牺牲

A fulfilling career 出现在首段第二句作者否定的观点句里

C) The imbalance between work and life simply doesn’t exist anymore.

工作与生活之间不平衡的现象不存在

无中生有选项

52. What does the author say about our use of language?

【答案】A. It impacts how we think and behave.

它影响着我们的思考和行为。

【解析】

根据题干关键词可以定位至首段最后一句 ‘You see, language makes a difference, and how we refer to things matters because it affects our thinking and therefore our actions.’

意为语言的确会对我们产生影响，我们对事物的称呼会影响我们的思考和行为方式。

只有 A 选项可以与定位句构成同意替换。

【干扰选项解析】

B) It changes with the passage of time.

它会随着时间的推移而改变

C) It reflects how we communicate.

它反应了我们沟通的方式

D) It differs from person to person

因人而异

53. What does the author say we do in an ideal world?

【答案】 C. We do meaningful work that contributes to society.

我们会做一些有意义的，对社会有贡献的工作。

【解析】

根据题干关键词定位至文章第二段， ‘In the ideal world, we’ re all doing work that we’ re proud of and that provides meaning and purpose to us.’

意为在理想的世界里，我们都会做一些让自己感到自豪的有意义的工作。只有 C 选项与之含义相同。

【干扰选项解析】

A) We do work that betters the lives of our families and friends.

我们会做一些改善家人朋友生活的工作

B) We do work that gives us bursts of joy each new day.

我们会做一些让人快乐的工作

joy 出现在第二段作者否定的观点句里

D) We do demanding work that brings our capacity into full play.

我们会做的工作要求很高，能充分发挥我们的能力

54. What does the author say about life?

【答案】C. it is dynamic

是动态的，不断变化的

【解析】

根据题干可以定位至文章第三段 ‘it’s more useful to think of life as something that is ever evolving and changing’

意为 把生活看作是不进化和变化的会更有用，只有 C 选项符合变化这个含义

【干扰选项解析】

A) It is cyclical.

循环往复的

B) It is fulfilling.

令人满足的

D) It is risky.

有风险的

55. What does the author advice us to do?

【答案】D. Strive for a more fulfilling life.

努力争取更充实的生活

【解析】

根据题干询问作者建议可以定位至文章最后一句，' Let' s bury "work-life balance" and think bigger and better about work-life fulfillment to do a little less balancing and a lot more living.'

意为让我们把平衡工作生活这个概念抛之脑后，从更加宏观的角度看待工作和生活的满足感，少一点平衡，多一点生活。

定位句主要强调生活的重要性，弱化平衡的概念。

【干扰选项解析】

A) Make life as simple as possible

让生活更简单

B) Talk about balance in simpler terms.

以简单的语言来探讨平衡这个概念

C) Balance life and work in a new way.

用新的方式平衡工作和生活

原文强大弱化平衡的概念