

The Beauty of Soul is the Essential Beauty

【参考范文】

Everyone was born with a heart for beauty which is regarded as human nature. Yet some people only care about the external beauty but rather ignore the inner beauty. For the purpose of keeping beautiful, some girls go on a diet, some use cosmetics, and some even choose to have plastic surgeries. Conspicuously, all these are too extreme.

Today in China, with the rapid rising of living standard, people's requirement of beauty has been heightened accordingly. In the light of people, beauty maybe is a visual feeling like attractive lips, lovely eyes, slim figure or long hair. Certainly, beauty can come to light in a person from every perspective: face, clothes and stature but I reckon the beauty of soul could truly add colors to your life. Here, I'd like to quote an example to prove it. Zhong Nanshan, an aged man, is an ordinary doctor before appearing on media and saved countless patients who approached the brink of death in epidemics, embracing a kind and beautiful soul. It is because of his beauty of soul that we willingly worship him and he is the most handsome man in public forever.

In brief, a person is not lovely for being beautiful but beautiful for being lovely. So if one questions "where the beauty is from", I declare definitely, the beauty lies in one's soul and embodies in his action and deeds. That is the beauty of soul.

【参考译文】

每个人生来就有一颗追求美的心，这是人的本性。然而，有些人只关心外在美而忽视内在美。为了保持美丽，有些女孩节食，有些使用化妆品，有些甚至选择做整形手术。很明显，所有这些都太极端了。

当今中国，随着生活水平的迅速提高，人们对美的要求也随之提高。在人们看来，美可能是一种视觉感受，比

如迷人的嘴唇、可爱的眼睛、苗条的身材或长发。当然，一个人的美可以从各个方面显现出来：脸、衣服和身材，但我认为灵魂之美确实可以为你的生活增添色彩。在这里，我想引用一个例子来证明这一点。钟南山老人，出现在媒体之前是一个普通的医生，他拯救了无数在流行病中濒临死亡边缘的病人，怀着一个善良而美丽的灵魂。正是因为他的心灵之美，我们才心甘情愿地崇拜他，他是公众面前最英俊的男人。

简言之，一个人不是因为漂亮而可爱，而是因为可爱而美丽。所以如果有人问“美从何而来？”我明确地声明，美存在于一个人的灵魂中，体现在他的行为和行动中。这就是灵魂之美。